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Nervousness and sleeplessness are usually due to the fact that the nerves are not fed on properly nourishing blood; they are starveed nerves. Dr. Pierce's Golden Medical Discovery makes pure, rich blood, and thereby the nerves are properly nourished and all the organs of the body are run as smoothly as machingry which runs in oil. In this way you feel clean, strong and strenuous—you are toned up and invigorated, and you are good for a whole lot of physical or mental work. Best of all, the strength and increase in vitality and health are lasting. The trouble with most tonics and medicines which have a large, booming sale for a short time, is that they are largely composed of alcohol holding the drugs in solution. This sleehol shrinks up the red blood corpuscies, and in the long run greatly injures the system. One may feel exhilarated and better for the time being, yot in the end weakened and with vitality decreased. Dr. Pierce's Golden Medical Discovery contains no alcohol. Every bottle of it bears upon its wrapper The Badge of Hondsty, in a full list of all its several ingredients. For the druggist to offer you something he claims is "fust as 200d" is to insult your intelligence.

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Every ingredients schools of practice. No other medicine sold through druggists for like purposes has any such endorsement. The "Golden Medical Discovery" not only produces all the good effects to be obtained from the use of Golden Seal root. In all stomach, liver and lowel troubles, as in dyspepsia, biliousness, constipation, ulceration of stomach, and lowel troubles as in dyspepsia, biliousness, constipation, ulceration of stomach and bowels and kindred alments, but the Golden Seal root used in its compounding is greatly enhanced in its compounding is greatl

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When James Watt saw the steam causing the settle hid to jump up and down he said "There must be power in that steam that it can lift such a weight."

There was.

Millions prior to him had seen the same phenomenon and regarded it as an unexplained mystery.

Recent scientific research has put its finger on the "cause" of Dandruff, Falling Hair, and consequent Baldness, and has unearthed a tiny germ which eats the life from the roots of human hair.

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ments.
[Entered at the Postoffice of Alexandria, Virginia, as second-class matter.]

THE RUSSIAN SITUATION.

the spur of the threat of Gov. Rechauberg to use military force to end the session in Viborg, Finland, and with troops already converging on the Hotel Belvedere, where the meeting was held, the assembled members of the Lower House, 186 in number, hurriedly adopted and signed an address to the people which is thoroughly revolutionary in its nature, elected a perpetual executive committee, headed by Prince Paul Dolgoroukoff, vice president of the House, to carry on the work of liberation, and adjourned [amid characteristic Russian embracing

Among other things the address contains the following:

"The government will act arbitrarily to obtain a pliable, subservient Parliament. Should it succeed in completely suppressing the popular movement, the government will convoke no Parliament

"Citizens, stand up for your trampled on rights, for popular representation, and for an imperial Parliament. You are now the government. Until a representative Parliament is summoned, do not give a kupec to the throne or a sol

dier to the army.
"Be steadfast in your refusal. No

pretext enough for the government to lodge its authors in the fortress if it feels strong enough. A rumor was spread last right that this course had been decided upon.

A large crowd gathered at the Fin-

land station last night, when the deputies were expected to arrive, but only a few appeared and these were not molested, and neither was there a popu-lar demonstration. Among the arrivals were President Mouromtsell and Ivan

Copies of the appeal to the people are in the hands of all St. Petersburg newspapers, but it will scarcely be printed to-day, for the reason that a detachment of police is posted at the door of every newspaper printing office in the city with orders not to permit any papers to leave the building until authorized by the censor. The authorities hope by equally vigorous measures to prevent the publication of the appeal in other cities and in the meantime nullify the fears of the people as to the possible effect of the ap-

The theaters and other places of amusement were slowest empty last night, the public learing conflicts between crowds and the military and police. Several encounters took place in various parts of the city, but they were all of a petty

A dispatch from Warsaw says that a band of mutinous artiflerymen from the forces at Brest-Litvosk (130 miles south of Grodne) yesterday fir.d on the Officers Club, where there were many of-ficers gathered. The officers exchanged shots with the mutineers and two of the former were killed. The mutineers finally were surrounded by infantrymen and arrested. A feeling of depression prevails in Warsaw in consequence of the news from St. Petersburg. The socialists have issued proclamations advocating refusal to pay taxes, the withholding of recruits, and revolution.

Another Jewish Massacre Feared. Israel Zangwill, president of the Jewish territorial organization in London has received a telegram from Russia to the effect that the country is on the eve of new massacres of Jews, which have been fixed for July 28, the anniversary of Russia's conversion to Christianity Arms, it is added, are being distributed and let flets are being scattered, inciting massacres in the name of religion. The message implores the assistance

of Europe to prevent bloodshed. The Jews at Odessa are in a state of panic fearing an anti-Jewish outbreak as the result of the killing of a drunken Cossack, who recently wandered through the Jewish quarter, brandishing his saber and shouting. "Death to the Jew." Gov. Gen. Kaulbars, addressing a deputation of Jews yesterday said:
"I vouch for my soldiers, but I am unable to say what the Cossacks or Christian civilians might do." Cossacks yesterday morning looted

three Jewish shops. The situation bears all the signs of a tense lull before a storm. The public is nervously apprehensive, and the attitude of the garrison and reserves is uncertain. Anarchist excesses are feared. Four hundred political arrests have

Try a little KODAL FOR DYSPEPSIA after your meals. Many stomachs are overworked to the point where they refuse to go further. Kodol digests your food and gives your stomach the rest it needs, while its reconstructive properties get the stomach back into working order. Kodol relieves fistuleace, sour stomach, palpitation of the heart, beiching, etc. Sold by aW. F. Creighton & Co., 407 King street.

To Remove Freckles & Pimples In Ten Days, Use Nadinola



NATIONAL TOILET COMPANY, Paris, Tenn.

been made within twenty-four hours. The streets are now patroled, the Cossacks are confined to barracks, and martial law is being vigorously enforced.

At midnight last night the inhabitants were moving in masses through the center of the town, where the hotels were The curtain dropped yesterday after-noon on the final act of the drama of Russia's first Parliament, when, under

Prokhorovskaya street, where their comrade was killed.

"To keep the body in tune," writes Mrs. Mary Brown, 20 Lafsyette Place, Poughkeepsie, N. Y. "I take Dr. King's New Life Pills. They are the most reliable and pleasant laxative I have found." Best for the Stomach, Liver and Bowels, Guaranteed by E. S. Leadbeater and Sons' druggists, 25c.

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We are showing a pleasing collection of garments especially suitable for railway and st amer travel, such as Kimonas, Pajanas, Neglygees, Silk Petticosts, &c. A few very attractive values are here mentioned:

Kimonos of Black Japanese Silk, Each \$10 50

Taficta Silk Petticonts, in black, white and he wanted colors, made with full flources.

Special Sale of Women' Oxfords.

We offer a special purchase of Women's Oxfords at nearly half original pric s. Included are Dongola Kid and Dull Caff. Blucher cut, with welt soles. They are made on smart lasts, with Cuban heels, and are well finished. Desirable for house or street wear, and for general use at the seashore.

Women's Dongola Kid Blucher Oxfords, with patent tip and welt soles. Sizes 4 to 6, B. C. and Dlasts. B. C. and D lasts.

\$1,95 pair Were \$3.00.

\$1.95 pair. Were \$3.50. Also Misses' and Children's Dougola Kid Oxfords, with patent tip and welt soles: Box Calf Blucher Oxfords, with welt soles and patent tip. Patent Kid Blucher Oxfords, with welt soles; sizes 8½ to 11 have spring heels; sizes 12 to 2 have half heels; B, C, and D lasts.

\$1.75 pair for choice Values, \$2.00 and \$2.50.

"Arnold" Knit Night Drawers for Children.

(With or Without Feet.) The seams are all shielded and the garment has no rough edges or harsh fabric to irri-tate sensitive skin. The wise mother puts the "Arnold" garment on her child and retires, knowing that it is fully protected against sud-den changes in temperature during the night,

Sizes 2, 4, 6, and 8 years. Infants' Dept .- Third floor, Eleventh st.

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10th, 11th F and G Sts., N W WASHINGTON, D. C.

Mid=Summer Clearance Sale.

Refrigerators. \$8.00 value now \$10,00 value now Ice Boxes. \$4,00 value now

Mattings. Big reduction in all of which we have no full stock.

Rockers.

\$3.00 Wickers now \$3.00 Oak values now and other big inducements in rockers.

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30--Other Immense Amusements--30. Close Your Store at Noon and Go. Benefit of Alexandria Hospital.

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LAWNS AND ORGANDIES.

worth 12½c to 15c, at 10c.

The best 36 inch wide U bleached Cotton you have bought for two years, 5c

Madras Ginghams, worth 10 to 12 tc, 8c. Sweeping Reductions in White Madras.

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We would invite an interview with any who may wish to avail themany who may wish to selves of this department.

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Pajamas of Madras and Saleen, white and olors Each \$1.50 to \$2.50

Third floor-Eleventh st,

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\$3.50 Oak and Mahogany values now \$2.79 SCREENS AND; GO-CARTS at money

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In all features this Reduction Sale will climax this week all like events of the season. The demand last week was so enormous for the wonderful values; the selling so large and so continuous from day to day that larger lines and finer grades of merchandise are offered at unspairing reductions. No section of the store is exempted from this sale. Summer stocks must be sold-that is our ultimatum-and this is veritably a transferment of desirable goods to you, irrespective of cost. In all departments distribution of values is unprecedented.

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